



## Top pieces of PrEP information to get across when talking and engaging about PrEP

PrEP is quite new and is having a big impact on new HIV diagnoses – it's a game changer!

PrEP is VERY effective – almost %100 - when it's taken as prescribed

It's FREE from NHS sexual health clinics

It's available to anyone who can benefit from it - it's not just for gay men

Because NHS sexual health clinics are FREE and CONFIDENTIAL for everyone, PrEP is available for free to anyone regardless of their immigration or residency status

PrEP can only be used by someone who doesn't have HIV – so it's important to know for sure before starting by having an HIV test

PrEP has very few sides effects – most are minor and clear up quickly

PrEP can be used during pregnancy and whilst breastfeeding; it can be safely used with contraception; it can be safely used with hormone therapy.

Most people take PrEP by taking a daily pill – but it can be taken in other ways for some people

PrEP can be taken for short blocks of time when there's increased risk – it doesn't have to be taken for life!

PrEP doesn't prevent pregnancy or other STIs – so other preventative options need to be considered for these

PrEP is one option amongst many – including condoms, PEP, and U=U. This is called combination HIV prevention

