

# Ask Me About PrEP (AMAP) Log Book

### **EXAMPLE 1**



#### What is your project ID number?

02LOMR

This is six numbers and letters: the number of the training you did; the first two letters of the English region you are in; your first and last name initials. For example: 04LOPS

#### What date/s did your conversations take place?

Saturday 30 October

#### How many people did you talk with?

6

## Tell us a bit about the people you chatted with (don't provide any identifying information):

All gay men; ages 60-25 but most were over 40; all were white British

#### Where did you talk with these people?

A regular social group held in a room above a bar in Greenwich. London

#### Briefly, what did you talk about:

I did a presentation, using the slides provided, about PrEP and how to access it. There were lots of questions about side effects – I felt I could answer these based on my own experience.

## Did you provide referrals to any PrEP or other services or resources? If so, which ones?

Yes, to the PrEPster website, especially about how to start PrEP, and to PrEPtrack.

## Did anyone tell you they were planning to start PrEP as a result of your conversations?

Yes, two of the attendees for sure. I gave them details about how to start PrEP, from the PrEPster website.

## Were there questions you felt you didn't know the answers to?

I wanted to know more about the difference between Truvada and Descovy – someone asked about this and I didn't know.

## Is there anything more you want to say about the conversations?

Talking to a group of people at a regular social group was good – they already knew me so we were able to go straight into the conversation.



# Ask Me About PrEP (AMAP) Log Book

### **EXAMPLE 2**



#### What is your project ID number?

07SWAK

#### What date/s did your conversations take place?

Monday 1 November - Saturday 13 November

#### How many people did you talk with?

14

## Tell us a bit about the people you chatted with (don't provide any identifying information):

Mostly men but 3 women; ages 25-18; a mix of backgrounds and ethnicities – because I am Asian I have a lot of other Asian followers on Twitter and most of the people I spoke with are also of south Asian background.

#### Where did you talk with these people?

On Twitter – I added an Ask Me About PrEP social media badge and invited people to start a conversation with me via DMs

#### Briefly, what did you talk about:

Lots of basic info about PrEP – lots of questions about who might start PrEP and the circumstances; one (straight) man asked about using PrEP for travel; a few questions from people who thought PrEP wasn't for "people like me" and this sparked interesting discussions! One man is doing sex work and thought he might start using PrEP.

## Did you provide referrals to any PrEP or other services or resources? If so, which ones?

Yes, to the PrEPster website, the women's focused section, and there was a good Aidsmap article that I shared with one woman who asked about PrEP and women.

## Did anyone tell you they were planning to start PrEP as a result of your conversations?

No one specifically did – but I think it sparked an interest in a few people.

## Were there questions you felt you didn't know the answers to?

I felt OK answering basic questions – and the booklets helped. I was able to contact my project lead about a question about drug interactions but that was fine.

## Is there anything more you want to say about the conversations?

They were all good – but lots of the guys (even the gay ones!) said that PrEP wasn't for men like them! I was surprised by this.



# Ask Me About PrEP (AMAP) Log Book

### **EXAMPLE 3**



#### What is your project ID number?

14NETD

This is six numbers and letters: the number of the training you did; the first two letters of the English region you are in; your first and last name initials. For example: 04LOPS

#### What date/s did your conversations take place?

Tuesday 2 November

#### How many people did you talk with?

1

## Tell us a bit about the people you chatted with (don't provide any identifying information):

Bi man; age about 40; Black African

#### Where did you talk with these people?

At the gym, first in the work out area, and then in the

#### Briefly, what did you talk about:

I had my PrEP tee shirt on as I worked out and he commented on it but said he'd prefer not to chat so publicly. Later, in the sauna area he asked me more about it and we chatted about whether I was using PrEP and how I'd found it. He had started using PrEP about 5 years ago and wanted to know how he could get it in the UK.

## Did you provide referrals to any PrEP or other services or resources? If so, which ones?

I was able to tell him the websites to go to – he doesn't have English as a first language so he was happy to know he could find info in French.

## Did anyone tell you they were planning to start PrEP as a result of your conversations?

He seemed pretty sure he was going to start back on PrEP.

## Were there questions you felt you didn't know the answers to?

Nope – I felt I knew everything I need to know.

## Is there anything more you want to say about the conversations?

It was a bit awkward because I wasn't totally sure what his motivations were – but I was clear about my boundaries and felt I was able to help him out.